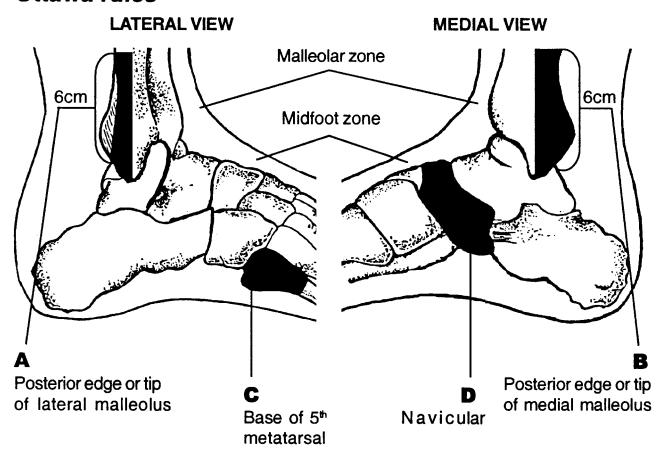
Ottawa rules



An ankle X-ray series is required only if there is any pain in malleolar zone and any of these findings:

- Bone tenderness at A
- Bone tenderness at B
- Inability to bear weight both immediately and in emergency department

A foot X-ray series is required only if there is any pain in midfoot zone and any of these findings:

- Bone tenderness at C
- Bone tenderness at D
- Inability to bear weight both immediately and in emergency department